



North Central College
Gregory Final Qualifier Track & Field Meet
Thursday, May 16th, 2019
(updated 5/14/19)

Combined Events

10:00am Heptathlon (Long Jump, Javelin, 800 Meters)
10:00am Decathlon (110 Hurdles, Discus, Pole Vault, Javelin, 1500 Meters)

Field Events

1:00pm Javelin (women first – men to follow) (1/1)

3:00pm Shot Put (men first – women to follow) (1/1)

3:00pm Long Jump (men and women simultaneously) (1/1)
 Triple Jump (follows long jump) (2/1)

Running Events (Women compete 1st, men to follow; fast to faster sections)

5:00pm 400 Relay (1/1)
5:15pm 1500 Meters (2/4)
5:55pm 100 Hurdles/110 Hurdles (3/3)
6:20pm 400 Meters (3/5)
6:45pm 100 Meters (4/4)
7:15pm 800 Meters (3/5)
7:40pm 400 Hurdles (2/2)
8:00pm 200 Meters (4/5)
8:30pm 3000 Steeplechase (1/2)

**They will stay on the time schedule.*